

Northampton Borough Council - Northampton Women's Forum

Tuesday, 24 May 2016 11am -1:00pm

1. WELCOMES, INTRODUCTIONS AND APOLOGIES

Present: Cllr Anna King (Co-Chair) (NBC, AK), Val Dumbleton (Soroptomists / Healthwatch VD), Catherine Bruce (Catherine Bruce Counselling, CB), Morcea Walker (NBHA/NCAC, MW), *Nisha Mejer (NBC, NM), Ann Bodsworth (Northampton Women's Aid, AB), Vicki Rockall (NBC, VR), Cllr Rufia Ashraf (RA, St James Ward), Louise Musson (NBC - Call Care LM), Neelam Aggrawal-Singh (IHWO/BME SRP, NAS), Rachel Packman (Northants Police - Community Engagement RP), Julia Bush (NABPFA, JB), Sarah Ward (First for Wellbeing SW), Pauline Woodhouse (BMESRP PW), Luisa Jepson (NIFF, LJ), Dawn Thomas (Northamptonshire Rape Crisis, DT), Aimee Luck (Northamptonshire Rape Crisis, AL), Madeline Boys (Individual MB), Nayla Mahmood (IAPT Wellbeing Team, NM1)
*Took minutes

Anna King welcomed everyone to the meeting. No apologies received. Introductions were made by everyone in the room.

2. MINUTES AND MATTERS ARISING

Minutes agreed.

Cllr King informed Forum that she is now Cabinet Member for Engagement and Safety.

3. CHAIR ELECTIONS

Jane Carr will be standing down as Co-Chair after being in post for 2 years. Cllr King invited forum members to stand as the next Co-Chair.

ACTION: Anyone who would like to put themselves forward to put together a biography and to send to Nisha Mejer on NMejer@northampton.gov.uk

4. SARAH WARD - FIRST FOR WELLBEING

First for Wellbeing is a new social enterprise where NCC, NHFT and UofN work in partnership. The organisation offers a range of wellbeing services at the low level intervention stage. This includes weight management, emotional wellbeing, smoking, alcohol etc.

Looking at ways to access the community – Sarah is attending community centres to facilitate drop in sessions. Holistic assessments are looked at and the service is open and transparent.

The service has sessions 4 GP practices and assessors are from different backgrounds. Would like to access BME groups and attend Community Hubs

Questions and answers

Q: What is low level intervention stage for eg with smoking?

A: We deal with people who would like to give up.

Q: Where are the community hubs?

A: At community centres

Q: Is it just about assessing and signposting?

A: At the moment yes. May change in future.

ACTION: Ann Bodsworth runs a refugee. Invited Sarah to attend. To contact each other to arrange.

Dawn Thomas advised that questions should be asked on assessments forms as to whether specialist services are needed.

Louise Musson advised Sarah to attend drop in sessions at the One Stop Shop. Advised to attend meetings with front line staff. **ACTION:** Louise to give Sarah contact details.

Vicki Rockall invited Sarah Ward to attend the Community Centre Forum meetings. There is also small grant funding available. **ACTION:** Vicki to email details.

5. NAYLA MAHMOOD - IAPT WELLBEING TEAM

IAPT support with common mental health problems eg anxiety, depression and is under the NHFT umbrella. Patients can self-refer as well as being referred through their GPs. Patients are put through to the IAPT hub and referrals are vetted at this point. Other cases go to Primary Care workers, Rape Crisis etc.

Phone and face to face assessments are also carried out and new appointments are arranged if necessary. In this new role there is a need to access BME groups and the elderly.

ACTION: Nayla to contact Nisha to arrange dates to attend Diverse Communities Forum and Pensioners Forum,

6. HAPPY DAY - HEALTH AND WELLBEING EVENT.

Nisha Mejer gave an update on the Health and Wellbeing event. It is in its final stages of being organised. Stallholder and activities are booked including football session, tennis, zumba, laughter workshops.

Event has been publicised in newspaper, social media, radio.

ACTION: Forum members to promote.

7. COMMUNITY INFORMATION EXCHANGE

Cllr King

- Mayor's Tea Dance on 25th June. 2-5pm The Guildhall.

Cllr Ashraf

- A scheme called Don't Drop It; Bin It. is being piloted in St James to make the area a litter free zone. This is supported by NBC and Cllr Bottwood will also attend. This is on Fridays 1.30 -2.30pm and youngsters are involved in this. **ACTION:** Cllr Ashraf to email Nisha details to send out the forum.

IHWO

- The Chai and Chat is growing from strength to strength. Hosted at Weston Favell Parish Hall every Friday 12-2pm. Open to all women. The group has requested that an expert attend to talk about breast cancer, domestic violence/abuse or diabetes. **ACTION:** Pauline Woodhouse to send details of Cop a Feel organisation.
- Weston Favell Parish Hall is hosting its 5th annual family barbeque. 5pm. Bring your own food and no restrictions on meat.
- High Tea organised by Chai and Chat on 8th July 12-2pm.
- Launch of temple fundraising this week 26th May – 1st June 3-6pm at Wellingborough Highfield Leisure Centre.

Valerie Dumbleton

- The organisation C2C is looking for another trustee.C2C will receive fundraising.

Julia Bush

- The AGM for Northampton Al-Bireh (Palestine) Friendship Association is on 14th July. Members are concerned about refugees. The group is involved with the Grobe project which is offering organisations to converse about this issue and a chance to air concerns.

Northampton Inter Faith Forum

- The NIFF conference went very well.
- The AGM is on 21 June.
- NIFF has received funding for a Hate Crime project which is based around intelligence gathering. This will begin in July and information will still be reported to the Police. Luisa Jepson is working on faith and disability discrimination. NREC are working on racism and homophobia.

Northamptonshire Rape Crisis

- Northamptonshire Rape Crisis is working with Barry Road School on building healthy relationships amongst pupils. Working at universities, schools to create safer campuses. **ACTION:** Pauline to give Aimee Luck details of SCCYC

Louise Musson

- NBC are leading the way for Dementia awareness. Will be asking organisations to become more Dementia friendly in near future. Northampton General Hospital runs the Butterfly initiative to help with this issue.

Ann Bodsworth

- NADASA has written to all Heads of Services to highlight the issue that there appears to be no strategic thinking. NADASA have offered to write the strategic plan.

Morcea Walker

- Northampton Carnival on 11th June at The Racecourse 12 noon – 7.30pm. Morcea expressed her disappointment as the carnival was not allowed to be advertised in certain places. **ACTION:** Cllr King to investigate.

Cllr King

International Men’s Day will be 19th November. There will be a focus on health and wellbeing.

8. SUGGESTIONS FOR ITEMS FOR FUTURE MEETINGS OR FORUM ACTIVITIES

Not discussed

9. AOB

None

10. DATE AND VENUE OF FUTURE FORUM MEETINGS

<p>Tuesday 12th July 2016, 11.00am</p>	
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